

SUMMER/FALL 2021



THE LIGHTKEEPER

BEHAVIORAL HEALTH - ADDICTION TREATMENT



A picture-perfect day for Gosnold's 22nd Annual Charity Golf Tournament at the Pocasset Golf Club on August 30, 2021.

A Message from our CEO



As the summer winds down and cooler weather emerges, we are looking forward to some exciting new developments that are underway here at Gosnold. Our expanded continuum of services into inpatient psychiatric services will provide a much-needed program to Cape Cod, and will also create 60 new jobs, ensuring our commitment to the community.

As many of you know, September is National Recovery Month. This observance celebrates recovery from mental health, substance use, and co-occurring disorders, the effectiveness of treatment and recovery support services, and reminds us that recovery is possible. All of us, from celebrities and sports figures to our co-workers, neighbors, friends, and family members, have experienced peaks and valleys at some point in our lives, both big and small. And, with strength, support and hope from the people we love, we move forward, coming out stronger than we were before.

We are deeply grateful to our employees, donors and friends for their dedication and generous support of our mission. Together, we will continue to serve our community in the best way possible and promote the message of recovery.

Stay healthy and well.

Richard Curcuru
President & CEO



Featured on CBS News

"Cape Treatment Center Sees Increase In People Seeking Help For Alcohol Addiction During Pandemic"

Watch below:



Philanthropy and the Gosnold Community



Gosnold's 22nd Annual Charity Golf Tournament

This year's golf tournament at the Pocasset Golf Club was a huge success! It was great to be together again after such a difficult year.

Thank you to our sponsors and players for helping us raise over \$75,000 for Gosnold's underserved programs.

TAMPA BAY

OCTOBER 3RD 2021
8:20 PM
GILLETTE STADIUM

NEW ENGLAND

12

Gosnold is hosting a drawing for two tickets to the Tampa Bay vs. New England game on Sunday, October 3, 2021!

One ticket enters you into the drawing for two seats in the Putnam Club at Gillette Stadium for this historic game!

Tickets for the drawing are \$100 each.
Only 300 tickets will be sold!

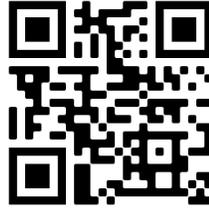
To purchase, please contact during business hours:
Karen MacDonald:

kmacdonald@gosnold.org - 781.706.9699

Sara Anton: santon@gosnold.org - 508.648.9291

All proceeds will benefit Gosnold's programs and services.

The winner of the drawing will be announced on Facebook and via email on Thursday September 23, 2021



[Scan the code to the left](#)
[or click here to support](#)

Hi Everyone! I'm Melissa Lonergan, Recovery Coach at Gosnold and a person in long-term recovery since July 30, 2007. My wife Denise and I are ecstatic to be running the 125th Boston Marathon this Fall.

My story isn't too different from many others who have experience with substance use disorder. Ever since I was a child I have felt "different," like I didn't fit in. Although I was well-liked and had many friends, those feelings didn't go away until about the age of 13 when, babysitting with a friend, I looked in the refrigerator to get a soda and saw a large bottle of wine. I took a sip, then another and like magic I immediately got all warm inside. All of that negative inner dialog went away and that felt GOOD!

Fast-forward 19 years and many experiences (both good, and eventually very bad) I had reached my bottom. Thankfully, my father who has been in recovery now for 40 years steered me in the direction of 12-step meetings which I dove into 100 percent.

Since that time, I've been able to reap the full benefits of recovery. I've been guiding others through the recovery process as a Gosnold Recovery Coach for the past 7 years, I've gotten married to my amazing wife Denise, I've lost 70 pounds, and I've taken up running! My life would not be the same without the gift of recovery.

Denise's recovery began the day she entered Gosnold's Detox in January 2010. She was not able to put the drink down and at the lowest point in her life. Gosnold counselors guided Denise into the recovery process and gave her tools to handle situations that she would have otherwise picked up a drink over. The groups at Gosnold gave her an overwhelming sense of community and reminded her that she was worthy of happiness and health.

It is such an honor to be running the Boston Marathon to help raise funds for underserved programs at Gosnold, and I hope you will consider donating to our page! Your gift- no matter the size- will ensure that our programs stay up and running for the next person that asks for help. Thank you!



Numbers for Nonprofits

We would like to thank all of our #teamgosnold runners for participating in the 49th Falmouth Road Race!

Thank you for raising over \$25,000 for Gosnold this year! Great job to all of our virtual and in-person runners who gave it their all!

See you all again next year!





When we celebrate our connections to the diversity of people from all walks of life striving for recovery, we find support and courage to speak up for inclusion, respect, and opportunity.

Whether our faces and voices are shared through digital platforms or safe, social distanced gatherings we celebrate the millions of people who have found, are finding, and have yet to find this path to hope, health, and personal growth.

Join us here at Gosnold in celebrating National Recovery Month.

Thank you to all of our employees, alumni, and the community for supporting us in the work we do.

Gosnold welcomes Chief Nursing Officer Laurie Izzo

Please join us in welcoming Chief Nursing Officer Laurie Izzo to the Gosnold team. Laurie has over 20 years of nursing leadership experience in the Behavioral Health field, with the last 6 years as a Chief Nursing Officer.

Her primary experience has been in the psychiatric field, though she did work for several years in acute care facilities. Prior to joining Gosnold, she worked as the Chief Nursing Officer at Taravista Behavioral Health Center, a 108 psychiatric hospital located in Devens, MA. Prior to that, Laurie was the Senior Director of Behavioral Medicine for Tenet Healthcare. In this role she was responsible for managing the Behavioral Health nursing staff of two large acute care hospitals, Leonard Morse Hospital in Natick, MA and Saint Vincent Hospital in Worcester, MA. Laurie also spent 8 years at Emerson Hospital as both the Nursing Director for Behavioral Medicine and as the Associate Chief Nursing Officer.

Laurie received her BSN from Regis College and her MHA from Simmons College.

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