

THE GOSNOLD MISSION AND PHILOSOPHY

Gosnold's mission is to **excel in addiction and mental health treatment, to serve men, women and families affected by these illnesses and to promote lasting recovery.**

To accomplish this mission we will:

- Develop and implement an innovative, cost-effective and integrated continuum of quality treatment programs and make them available to all persons, regardless of their ability to pay;
- Attract, develop and train a staff of qualified, motivated and dedicated professionals and encourage and empower them to continuously strive for excellence in program and organizational performance;
- Work cooperatively, and establish linkages with, other health and human service providers, to develop clinical strategies that improve treatment outcomes;
- Respect the dignity and diversity of all individuals;
- Maintain a commitment to honesty, integrity and unquestionable ethics in our interactions with patients, their families, other professionals and members of the community;
- Establish and maintain a safe, accessible and aesthetically pleasing environment of care that enhances the dignity of individuals and ensures the safety of patients, staff and visitors.

Gosnold's treatment philosophy is based on the beliefs that:

- Addiction and mental illness are diseases that adversely affect individuals and families in all major life areas.
- The chronic nature of these diseases requires that patient recoveries be managed over an extended period of time in increasingly less intensive settings'
- Because whole families are affected by addiction and mental illness, treatment should involve the family and other significant persons, especially children.
- A continuum of services should be available to patients and treatment should occur in the least restrictive setting consistent with presenting problems and diagnoses.
- Total abstinence from mind-altering drugs is necessary for lasting recovery from addiction, except in instances where medical necessity dictates the use of such drugs.
- The recovery principles of self-help groups are of major importance in recovery and patients and their families are encouraged to become involved with these groups.
- Treatment should be provided by competent, qualified personnel in settings that are safe, healthy and accessible to patients and their families.