



## Recovery Management Program

Gosnold Recovery Management offers individualized support to patients and families in early recovery. Certified Recovery Managers assist with outpatient appointments, medication visits, and community support meetings. They work with the patient to develop a Recovery Wellness plan with short and long term goals. This is a dynamic hands on approach that maintains regular contact with the patient through text messaging, telephone, and face-to-face meetings. Our studies have shown that patients matched with a Recovery Manager maintain longer periods of remission with improvements in major life areas.

### Recovery Management includes:

- Introduction and integration into recovery support groups.
- Formulation of a Recovery Wellness Plan for life goals (work, school, etc.)
- Communication through the Gosnold Smartphone app.
- Recovery Socialization activities.
- Monthly progress meetings with patient and family.
- Care coordination with other treatment professionals.
- Assistance with counseling and medication appointments
- Access to entitlement programs and community services.
- Job search help and assistance with recovery housing.

**800-444-1554 For information visit [WWW.GOSNOLD.ORG](http://WWW.GOSNOLD.ORG)**

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For more information and program fees  
contact:

**Dylan Benoit**

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or

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