



#### WHAT TO BRING TO MILLER HOUSE:

- ◆ Identification and insurance cards
- ◆ Cash, not in excess of \$50.00
- ◆ If you smoke, bring enough cigarettes to last you your stay.
- ◆ Appropriate clothing. Clothing should be comfortable, casual, washable and appropriate for weather conditions. There are ample opportunities to exercise, so workout clothes will be helpful. You will also need shower shoes. We have laundry facilities, but quarters will be necessary for the machines.
- ◆ Prescribed medications in the original container from the pharmacy
- ◆ Toiletries
- ◆ An alarm clock
- ◆ Writing paper, envelopes, and stamps
- ◆ Patients may have cell phones, ipods, other electronic devices, and musical instruments but their use is regulated and at the discretion of the Clinical and Program Directors.

#### PROHIBITED ITEMS:

- ◆ No personal snacks, drinks or candy.
- ◆ No energy drinks.
- ◆ Non-prescription medication (Tylenol, Advil).
- ◆ Protein powder/ Performance enhancers/ Workout supplements.
- ◆ Products containing alcohol (mouthwash, aftershave, perfume, perfumed lotions).
- ◆ Aerosols/solvents.
- ◆ Smokeless (chewing) tobacco.
- ◆ Clothing that depicts drugs, alcohol, sex or violence.
- ◆ Weapons of any kind (including pocket knives).
- ◆ Candles/incense.
- ◆ Handheld video games.
- ◆ Pornographic materials.