



WHAT TO BRING TO EMERSON HOUSE:

- Identification and insurance cards
- Cash, not in excess of \$50.00
- If you smoke, bring enough cigarettes to last you your stay.
- No more than two suitcases/bags of clothing. Clothing should be comfortable, casual and washable. Laundry machines are coin operated so you will need quarters (change machine available on site). We provide powdered laundry detergent and you can bring your own if preferred.
- A 30 day supply of prescribed medications in the original container from the pharmacy
- Basic toiletries: Shampoo, conditioner, toothbrush, soap, makeup, etc.
- Sneakers for walks
- Phone cards
- Cellphones are permitted at a specific timeframe each day at the discretion of the facility.
- Clear Water bottle
- MP3 players as long as they do not have camera/internet capabilities
- Bath towels

PROHIBITED ITEMS:

- No personal snacks, drinks or candy.
- Hair straighteners, curling irons, etc..
- Non-prescription medication (Tylenol, Advil).
- Vitamins, herbal medicine or protein powders.
- Products containing alcohol or products under pressure (mouthwash, perfume, perfumed lotions, hairspray).
- E-cigarettes or vape devices.
- Clothing that depicts drugs or alcohol. Provocative clothing: short shorts, tube tops, etc.
- Weapons of any kind.
- Ipad, laptops, nooks
- Magazines